

RMA Student Health Policy:

If a child exhibits any symptoms listed below, RMA will not admit them to school upon arrival, nor will we allow them to remain at the school should symptoms become evident during the school day. When we call a parent about a sick child, they or another authorized adult needs to pick up the child within 45 minutes of contact. Health checks are conducted upon arrival to the school and at least one other time during the school day with additional checks the longer the child is at school.

The child must be completely symptom free, without medication for at least 24 hours or have a signed note on letterhead from a physician other than the child's parent stating the cause of the symptoms and that they are not contagious and are well enough to participate in regular activity before they may return.

Students sent home from school with symptoms of illness outlined in this Health Policy Agreement after 10:00 am may not come to school the following day unless accompanied by a note from a physician that declares them completely contagium free and able to participate in regular school activity.

Fever: *Any temperature of 100.4 degrees or higher is an indication of contagious illness. If a child has such a fever, they may not return until symptom free for 72 hours, without the use of medication. RMA may also send a child home with a low-grade temperature accompanied by other symptoms including but not limited to diarrhea, rash, and lethargy. The decrease in temperature noting a fever and increase of fever free time is due to COVID-19.*

Diarrhea: *If a child has two or more loose stools (unformed or watery) in a day, they must stay home until 24 hours after the diarrhea stops. RMA will only admit a child with diarrhea with a written statement from the doctor stating the cause of the diarrhea and that it is not contagious and if the diarrhea is contained in the toilet (the child is not having accidents). We will admit children with soft stools caused by antibiotic medication with a note from a doctor.*

Vomiting: *RMA will immediately send home any child who vomits during the school day or who vomited at home in the 24 hours prior to the school day.*

Diarrhea and Vomiting: *If it is determined that a child is diagnosed with an illness such as Norovirus or Rotavirus, that child and any child exhibiting symptoms of such illness, is required to stay home for 48 hours after the*

onset of the symptoms or for as long as the Tri-County Health Department determines necessary.

Colds, Coughing and Nasal Discharge: *Students with colds, nasal discharge or a cough must wear a mask to protect their peers and teachers. A current Medical Doctor, Nurse Practitioner, or Physician's Assistant's note stating that the student has allergies may be provided.*

Rashes: *If a child has a rash, it is up to the discretion of the administration as to whether RMA can admit the child to school or remain at school. We will closely monitor a mild rash. Rashes that appear suddenly, spread quickly on a child's skin, open, pus, or bleed, or are accompanied by a fever or other symptoms require a doctor's note before the child can return to school. This note needs to dictate the cause of the rash, the treatment, and clarify that the child is not contagious and can return to school.*

Ocular Discharge: *White, yellow, or green discharge from the eye is often an indication of a serious and contagious illness called conjunctivitis. This discharge is often accompanied by matted eyelids after sleep, eye pain, sensitivity to light, redness of the skin surrounding the eye, and redness in the white areas of the eye. Any child sent home with these symptoms must see a doctor. RMA requires children diagnosed with conjunctivitis to be on medication for a minimum of 24 hours prior to returning to school unless a physician's note indicates the child is no longer contagious.*

Significant Behavior Changes: *Children who are not feeling well enough to participate in the activities of the day, are eating poorly, lacking their normal energy, or are wanting to sleep may need individualized attention. If the staff is not able to provide this without compromising the health and safety of the other children, the child will need to go home.*

Serious Illness: *When a student enrolled at RMA is diagnosed with a serious illness, we require the parents to report the diagnosis to the school. The lead teacher in the student's classroom may post a sign on the classroom door that informs the parents and staff that there is a confirmed illness in that classroom, without compromising the confidentiality of the individual student. Serious illnesses include but are not limited to strep, conjunctivitis, RSV, impetigo, influenza, scarlet fever, chicken pox, head lice, and hand, foot, and mouth disease. Parents must report any diagnosed, communicable illness to RMA within 24 hours of diagnosis.*